


# St John's Primary April 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 1-5th	<p>Chicken curry with rice and naan bread or steak burger Gravy, peas, mashed potato/rice Selection of breads</p> <p>Sponge cake &amp; custard, yoghurt or fruit</p>	<p>Pasta bolognaise &amp; healthy garlic bread or fish fingers Sweet corn &amp; selection of salads Mashed potato/pasta Selection of breads</p> <p>Jelly &amp; fruit or yoghurt</p>	<p>Oven baked sausages or chicken in pepper sauce &amp; rice Baked beans, mixed veg, selection of salads, chips, baby boiled potatoes Selection of Breads Ice cream fruit or yoghurt</p>	<p>Roast turkey, stuffing and gravy, baton carrots, broccoli, dry roast and mashed potatoes Selection of breads</p> <p>Rice pudding and pears, fruit or yoghurt</p>	<p>Salmon fishcake or chicken crumble Turnip, selection of salads, mashed potato/pasta Selection of breads</p> <p>One crust apple pie &amp; custard, fruit or yoghurt</p>
<b>Week Two</b> 8-12th	<p>Italian pasta &amp; crusty bread or bacon Gravy, broccoli, carrots, mashed potato Selection of breads</p> <p>Fruit sponge &amp; custard or fruit or yoghurt</p>	<p>Roast chicken with stuffing and gravy, cauliflower cheese, diced carrots, dry roast and mashed potatoes Selection of breads</p> <p>Jelly &amp; fruit or yoghurt</p>	<p>Chicken broccoli &amp; pasta bake or fish fingers Sweetcorn, mashed potato, selection of Salads Selection of breads</p> <p>Frozen mousse, fruit or yoghurt</p>	<p>Chicken nuggets or chili beef &amp; noodles Peas &amp; sweet corn, chips or noodles Selection of breads</p> <p>Rice pudding &amp; mandarin oranges fruit or yoghurt</p>	<p>Fresh fish goujons or macaroni cheese Mashed potato, baked beans, mixed vegetables Selection of breads</p> <p>Ice cream fruit or yoghurt</p>
<b>Week Three</b> 15-19th	<p>Hotdog or chicken &amp; broccoli bake Baked beans or mixed veg, chips, baked potato Selection of breads</p> <p>Rice Krispie square, fruit or yoghurt</p>	<p>Roast Turkey Dinner</p> 	Half day	Easter holiday	Easter holiday
<b>Week Four</b> 22-26th	Easter holiday	Easter holiday	Easter holiday	Easter holiday	Easter holiday
<b>Week Five</b> 29-30th	<p>Homemade pizza or fish fingers Beans or mixed veg, chips or pasta Selection of breads</p> <p>Shortbread biscuit, fruit or yoghurt</p>	<p>Steak burger or chicken crumble Carrots, mashed potato or baby boiled potatoes</p> <p>Fruit sponge &amp; custard, fruit or yoghurt</p>			

# school food

**Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily**

**If you require any additional Information on allergens or Special diets please contact the school in the first instance**

