

# School Lunch Menu

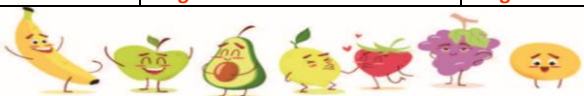
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 1/11	<p>Chicken Chow Mein Or Steak Burger</p> <p>Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato</p> <p>Fresh Fruit Selection &amp; Fresh Yoghurt</p>	<p>Breast of Chicken Curry with Boiled Rice &amp; Naan Bread Or Homemade Margherita Pizza</p> <p>Garden Peas, Tossed Salad Pasta Twists</p> <p>Shortbread or Yoghurt &amp; Fruit</p>	<p>Cheesy Bolo Pasta Or Fresh Breaded Fish Goujons</p> <p>with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato</p> <p>Jelly Pot or Yoghurt &amp; Fruit</p>	<p>Roast Breast of Chicken Or Chicken Crumble</p> <p>Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato Chocolate muffin Or Fruit &amp; Yoghurt</p>	<p>Chicken Nuggets Or Hot Thai flavoured Chicken Wrap</p> <p>Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Vanilla Ice Cream pot Or Yoghurt &amp; Fruit</p>
<b>WEEK 2</b> 8/11	<p>Italian Bolognese Pasta Or Breaded Fish Fingers</p> <p>Baked Beans, Sweetcorn Broccoli Florets Mashed Potato</p> <p>Ice Cream pot Or Yoghurt &amp; Fruit</p>	<p>Mac &amp; Cheese Or Homemade Salt &amp; Chilli or Traditional Chicken Goujons, Selection of dipping sauces</p> <p>Baton Carrots, * Salad Selection, Chips, Mashed Potato</p> <p>Jelly Pot or Yoghurt &amp; Fruit</p>	<p>Mexican Enchilada Or Oven Baked Sausage</p> <p>Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes</p> <p>Fresh Fruit Selection &amp; Yoghurt</p>	<p>Chicken Panini Or Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato</p> <p>Chocolate Cookie Or Fruit &amp; Yoghurt</p>	<p>Traditional Homemade Chicken or Smooth &amp; Hearty Vegetable Soup Steak Burger in Bap, Or Bang Bang Chicken in Hot Baguette Mashed Potato, Tossed Salad Selection of breads Frozen Mousse or Fresh Fruit &amp; Yoghurt</p>
<b>WEEK 3</b> 15/11	<p>Breast of Chicken Curry with Boiled Rice &amp; Naan Bread Or Chicken &amp; Broccoli Bake Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato</p> <p>Chocolate muffin Or Fruit &amp; Yoghurt</p>	<p>Chicken Stir Fry &amp; Noodles Or Oven Baked Sausage Baked Beans Sweetcorn Baton Carrots Mashed Potato</p> <p>Flakemeal Biscuit or Yoghurt &amp; Fruit</p>	<p>Roast Breast Chicken Or Beef Stew Herb Stuffing Gravy Diced Turnip Fresh Baton Carrots Mashed Potato</p> <p>Jelly Pot or Yoghurt &amp; Fruit</p>	<p>Spaghetti Bolognese Or Fresh Breaded Fish Fillets Or Salmon fish cake Lemon Slice and Tartar Sauce, Broccoli &amp; Cauliflower Florets Mashed Potato</p> <p>Selection of Fruit &amp; Yoghurt</p>	<p>Homemade Margherita Pizza Or Marinated Chicken Fillets with warm Tortilla Wraps</p> <p>* Salad Selection Sweetcorn Traditional Champ Chips</p> <p>Artic Roll or Fruit &amp; Yoghurt</p>
<b>WEEK 4</b> 22/11	<p>Spaghetti Bolognese &amp; Homemade Garlic Bread Or Breaded Fish Fingers</p> <p>Baton Carrots Medley of Fresh Vegetables Mashed Potato</p> <p>Vanilla Ice Cream pot Or Yoghurt &amp; Fruit</p>	<p>Breast of Chicken Curry &amp; Rice, Naan Bread Or Chicken &amp; Cheese Melt</p> <p>Garden Peas *Salad Selection Mashed Potato, Baby Boiled Potatoes</p> <p>Jelly Pot or Yoghurt &amp; Fruit</p>	<p>Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists</p> <p>Fresh Fruit Selection &amp; Fresh Yoghurt</p>	<p>Roast Pork Or Roast Chicken</p> <p>Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato</p> <p>Chocolate muffin Or Fruit &amp; Yoghurt</p>	<p>Hot Dog Or Ciabatta Pizza Slices</p> <p>Baked Beans Peas *Tossed Salad Chips, Mashed Potato</p> <p>Flakemeal Biscuit or Yoghurt &amp; Fruit</p>

*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*\*2 Items from  
Cook's Salad  
Selection  
Rice Salad,  
Coleslaw  
Sweet Chilli Pasta  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Carrot Sticks  
Cucumber Sticks  
Diced Red Peppers  
Red Onion  
Radish*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*

Rice, Pasta, Potatoes and Gravy can be served Daily



Menu choices subject to deliveries  
Fresh Fish May Contain Bones