

# School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 27/9			Homemade Breaded Chicken Goujons Selection of Dipping Sauces  Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists  Fresh Fruit Selection & Fresh Yoghurt	Roast Pork  Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato  Jelly Pot or Yoghurt & Fruit	Hot Dog Or Chicken Roll Baked Beans Peas *Tossed Salad Chips, Mashed Potato  Flakemeal Biscuit or Yoghurt & Fruit
<b>WEEK 2</b> 04/10	Steak Burger  Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato  Fresh Fruit Selection & Fresh Yoghurt	Cheesy Bolo Pasta with Crusty Bread  Garden Peas Tossed Salad  Shortbread or Yoghurt & Fruit	Fresh Breaded Fish Goujons  with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato  Jelly Pot or Yoghurt & Fruit	Roast Breast of Chicken  Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato  Chocolate muffin Or Fruit & Yoghurt	Chicken Nuggets Or Chicken Wrap  Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato  Vanilla Ice Cream pot Or Yoghurt & Fruit
<b>WEEK 3</b> 11/10	Italian Bolognese Pasta  Baked Beans, Sweetcorn Broccoli Florets Mashed Potato  Fruit Muffin or Yoghurt & Fruit	Homemade Chicken Goujons, Selection of dipping sauces  Baton Carrots * Salad Selection Chips Mashed Potato  Ice Cream pot Or Yoghurt & Fruit	Breaded Fish Fingers  Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes  Fresh Fruit Selection & Fresh Yoghurt	Roast Turkey  Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato  Chocolate Cookie Or Fruit & Yoghurt	Traditional Homemade Chicken Soup Steak Burger in Bap  Mashed Potato, Tossed Salad Selection of breads  Frozen Mousse or Fresh Fruit & Yoghurt
<b>WEEK 4</b> 18/10	Breast of Chicken Curry with Boiled Rice & Naan Bread  Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Chocolate muffin Or Fruit & Yoghurt	Oven Baked Sausage Or Chicken Roll  Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit or Yoghurt & Fruit	Steak Burger  Gravy Diced Turnip Fresh Baton Carrots Mashed Potato  Jelly Pot & Yoghurt & Fruit	Spaghetti Bolognese or Salmon fish cake  Lemon Slice and Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit & Yoghurt	Homemade Margherita Pizza  * Salad Selection Sweetcorn Traditional Champ Chips  Artic Roll or Fruit & Yoghurt

Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily

\*2 Items from  
Cook's Salad  
Selection  
Rice Salad,  
Coleslaw  
Sweet Chilli Pasta  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Carrot Sticks  
Cucumber Sticks  
Diced Red Peppers  
Red Onion  
Radish

If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form

Rice, Pasta, Potatoes and Gravy can be served Daily



Menu choices subject to deliveries  
Fresh Fish May Contain Bones