

# St Johns Primary School Feb 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5 <sup>th</sup> -10 <sup>th</sup>	<p>Grilled Bacon with Stuffing, Gravy or Brown Beef Stew Carrots, Mashed Potatoes or pasta</p> <p>Frozen Mousse &amp; grapes</p>	<p>Roast Pork, Apple Sauce, Stuffing, Gravy Broccoli &amp; Corn Oven Roast &amp; Mashed Potatoes</p> <p>Ice-cream &amp; chocolate sauce &amp; fruit</p>	<p>Chicken Rice Stir Fry with Curry Sauce and Naan Bread or Chicken Nuggets Baked Beans or Peas Chips or Pasta</p> <p>Jam sponge &amp; custard Fruit Salad, Yogurt</p>	<p>Lasagna &amp; Healthy Garlic bread or Fresh Fish Goujons Turnip, Gravy Mashed Potatoes or noodles</p> <p>Jelly &amp; oranges</p>	<p>Peppered Chicken with Brown Rice or Roast Chicken, Stuffing Gravy, Mixed Vegetables, Mashed Potatoes, oven roast potatoes</p> <p>Flake meal biscuits Melon, Yogurt</p>
Week Two 12 <sup>th</sup> -17 <sup>th</sup>	<p>Chicken Curry &amp; Brown Rice with Naan Bread or Homemade Pizza or Pepperoni Pizza Baked Beans or mixed veg Chips or rice Frozen yoghurt, apples</p>	<p><b>Valentine's day</b> <b>Endless love pasta bolognaise</b> <b>Hearts on fire fish cake</b> <b>Perfect partnership peas &amp; sweet corn, mashed potato or baked potato</b> <b>Sweetheart strawberry jelly &amp; heartthrob shortbread</b></p>	<p>Breaded fresh fish &amp; parsley sauce or macaroni cheese Carrots mashed potato or pasta</p> <p>Rice Krispy square &amp; custard or grapes</p>	School closed	School closed
Week Three 19 <sup>th</sup> -23 <sup>rd</sup>	School closed	<p>Chicken Nuggets or Homemade Pizza Cauliflower Cheese or Baked Beans, Chips or Pasta</p> <p>Ice-cream, Fruit</p>	<p>Lasagna with Healthy Garlic Bread or Steak Burger Peas, Gravy Mashed Potatoes or Cheesy Baked Potato</p> <p>Frozen mousse &amp; Fruit</p>	<p>Roast Beef, Gravy or Gammon &amp; Parsley Sauce Cabbage oven roast potato Mashed Potatoes</p> <p>Strawberry Jelly or Grapes, Yogurt</p>	<p>Chicken Fried Rice or Fish Fingers, Gravy Mixed Vegetables Mashed Potatoes Or Pasta</p> <p>Pear sponge and custard or Fresh Pineapple, Yogurt</p>
Week Four 26 <sup>th</sup> -28 <sup>th</sup>	<p>Chicken curry &amp; Rice with Naan Bread or Homemade Pizza Baked Beans or Peas Baked or Mashed Potatoes</p> <p>Frozen yoghurt, Melon, Yogurt</p>	<p>Roast Chicken Stuffing, Gravy Carrots &amp; Parsnips Oven Roast &amp; Mashed Potatoes</p> <p>Flake meal Biscuit, Fruit</p>	<p>Cottage Pie or Steak Burger Carrots, Gravy Mashed Potatoes or pasta</p> <p>Rice pudding &amp; mandarin oranges, Yogurt</p>	<p>Chili Pork with noodles or Grilled Bacon Turnip, Gravy Noodles or Mashed Potatoes</p> <p>Jelly &amp; Fruit</p>	<p>Fresh Fish Goujons with Dips or Chicken Pasta Bake Sweet corn Chips or Pasta</p> <p>Ice cream &amp; chocolate sauce, Fruit</p>
Week Five					

# school food

[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily**

**If you require any additional information on allergens or Special diets please contact the school in the first instance**

