

# Lunch Menu Term 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 29 <sup>th</sup> Aug 26 <sup>th</sup> Sept 24 <sup>th</sup> Oct 21 <sup>st</sup> Nov 19 <sup>th</sup> Dec 16 <sup>th</sup> Jan	Spaghetti Bolognese Or Ham & Cheese Melt  Garden Peas Salad Selection Pasta Salad Mashed Potato Gravy Sponge with Jam Topping & Custard	Homemade Breaded Chicken Goujons & Dip Or Chicken Wrap  Diced Carrots Salad Selection Herb Diced Potato  Jelly & Ice-Cream Slice with Orange Segments	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Oven Baked Breaded Fish Fingers  Sweetcorn, Broccoli Florets Mashed Potato  Fresh Fruit Or Fresh Yoghurt	Roast Breast of Chicken Or Roast Pork  Traditional Stuffing Fresh Diced Carrots, Broccoli Florets Oven Roast Potato Mashed Potato, Gravy Rice Krispie Square & Custard	Oven Baked Sausage Or Peppered Chicken  Garden Peas Tossed Salad Baked Beans Baked Potato Chips  Ice Cream Tub & Fruit Pieces
<b>WEEK 2</b> 5 <sup>th</sup> Sept 3 <sup>rd</sup> Oct 31 <sup>st</sup> Oct 28 <sup>th</sup> Nov 26 <sup>th</sup> Dec 23 <sup>rd</sup> Jan	Homemade Margherita Pizza Ham & Cheese Pizza Or Chicken Panini  Garden Peas Tossed Salad Herb Diced Potato Flakemeal Biscuit & Water Melon Slice	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Steak Burger  Broccoli Florets Carrots Mashed Potato, Gravy  Muffin Cake & Custard	Italian Pasta Bake Or Fresh Breaded Fish Goujons  Baked Beans Sweetcorn / Garden Peas Mashed Potato  Jelly & Ice-Cream Slice Or Fresh Fruit	Roast Breast of Chicken Or Chicken Crumble  Traditional Stuffing Fresh Diced Carrots / Parsnip Oven Roast Potato Mashed Potato, Gravy  Fruit Sponge & Custard	Chicken Nuggets Or Beef Lasagne  Sweetcorn Salad Selection Mashed Potato Chips  Frozen Yoghurt & Fruit Pieces
<b>WEEK 3</b> 12 <sup>th</sup> Sept 10 <sup>th</sup> Oct 7 <sup>th</sup> Nov 5 <sup>th</sup> Dec 2 <sup>nd</sup> Jan 30 <sup>th</sup> Jan	Oven Baked Breaded Fish Fingers Or Savoury Mince  Carrots Garden Peas Mashed Potato  Fresh Fruit Or Fresh Yoghurt	Breast of Chicken Curry & Boiled Rice & Naan Bread Or Chicken Panini / Wrap  Sweetcorn Broccoli Florets Herb Diced Potato  Jelly & Fruit Pieces	Homemade Breaded Chicken Goujons & Dip Or Cottage Pie  Salad Selection Baked Beans, Diced Turnip Mashed Potato, Gravy  Rice Pudding Or Fresh Yoghurt Or Fresh Fruit	Roast Gammon Or Chicken & Pasta Bake  Traditional Stuffing Fresh Baton Carrots Cauliflower Florets, Mashed Potato, Oven Roast Potato Gravy Ginger Biscuit & Custard	Oven Baked Sausages Or Macaroni Cheese  Garden Peas Coleslaw Baked Potato Chips Ice Cream & Fruit Pieces
<b>WEEK 4</b> 19 <sup>th</sup> Sept 17 <sup>th</sup> Oct 14 <sup>th</sup> Nov 12 <sup>th</sup> Dec 9 <sup>th</sup> Jan 6 <sup>th</sup> Feb	Steak Burger Or Stuffed Bacon Roll  Baked Beans Sweetcorn Broccoli Florets Mashed Potato, Gravy  Fresh Fruit Or Fresh Yoghurt	Pasta Bolognese Or Fresh Breaded Fish Goujons  Fresh Baton Carrot Garden Peas Herb Diced Potato Parsley Sauce  Eton Mess (Meringue, Fruit & Yoghurt)	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Oven Baked Sausage  Garden Peas Diced Carrots Mashed Potato, Gravy  Fresh Fruit salad Jelly	Roast Breast of Chicken Or Flaked Salmon Wrap  Traditional Stuffing Broccoli Floret Tossed Green Salad Oven Roast Potatoes Mashed Potato, Gravy  Chocolate Brownie & Custard	Homemade Margherita Pizza Or Marinated Chicken & Vegetable Stir-Fry  Noodles Sweetcorn, Salad Selection Chips  Ice Cream & Fruit Pieces

*Breads  
Milk, Water  
A choice of Fresh  
Fruit or Yoghurt  
Available Daily*

*Rice, Pasta,  
Noodles, Potatoes  
and Gravy can be  
served Daily*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*



Fresh Fish & Chicken Nuggets May Contain Bones